



Hawk's Eye

Weekly News from Hope Elementary School

hes.fivetowns.net

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[Hope Elementary School Facebook](#)



Upcoming Events for Your Calendar

April 12th – HES School Committee meeting (6PM – Zoom)

April 16th – Early Release starting at 11AM for staff & students

April 19th – 23rd: No school (April vacation)

May 10th – HES School Committee meeting (6PM - Zoom)

May 31 – No school (Memorial Day)

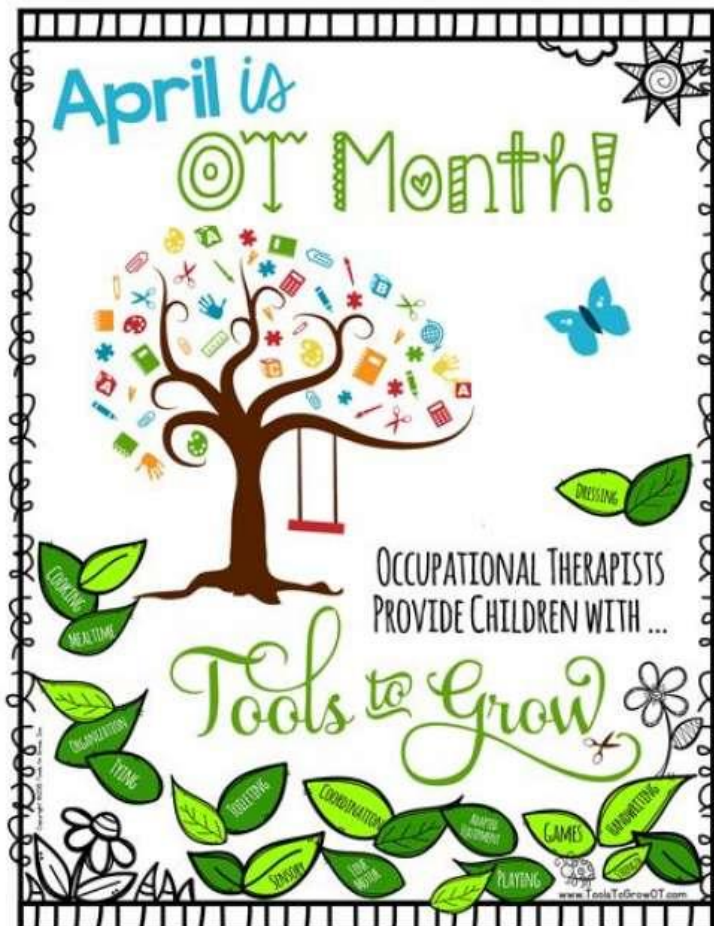
June 14 – HES School Committee meeting (6PM - Zoom)

June 17 – Last day of school

***“There is no person
in the world like you,
and I like you just the
way you are.”***

~ Mr. Rogers

Thank you to our HES OT specialist, Lindsey Plummer!





Pre-K students have been creating their masterpieces for an upcoming art show. In recognition of the 50th anniversary of The Week of The Young Child, April 10th – 16th, Pre-K art will be displayed at Jensen's Pharmacy in Rockland. The show will run for a few weeks. Please stop by for a look when you are in Rockland.

Sign up for Fall 2021 Pre-K & Kindergarten – Spots are filling!



Our Pre-K program will be full day next fall. Space is limited and Hope residents will receive priority. Pre-K students must be 4 years old on or before 10/15/21. Kindergarten students must be five years old on or before 10/15/21. Please call the school (785-4081) to place your child's name on our mailing list. Registration will take place in the spring. Please help spread the word throughout Hope.

Celebrating Diversity through Literature

8th grade students Norah, Madeline & Rose created this middle school language arts book display to recognize diversity through reading.



Annual Plant Sale at Camden Hills Regional High School



Last year our regular plant sale did not take place, but we were able to get plants to lots of people and donated lots of money to great organizations that are working to build a strong food system. This year we are back to our somewhat normal plant sale. We have had a small but awesome crew of students hard at work to have as many different types of plants available for sale.

The Horticulture & Gardening class's annual sale will take place Saturday, May 15 and Sunday, May 16 at the greenhouse on campus. The sale always takes place the weekend after Mother's Day. The greenhouse is located in back near the loading dock area of the school. Please be aware that we will be limiting the number of people in the greenhouse and masks will be required so you may want to factor in a little extra time for your visit.

We will have lots of vegetable and herb seedlings as well as a wide variety of annuals and perennials. All plants are grown using organic practices and do really well once planted. There are always new varieties, including heirlooms. In addition to plants, we hope to have bags of compost for sale. We are currently assessing whether it is ready for distribution. Each bag is about 40lbs, is high quality, organic compost and sell for \$6 each.

Sale takes place Saturday, May 15 from 8am – 1 pm and on Sunday, May 16 from 9am - noon. All containers are \$3 each. Buy 3 and get a 4th for free. On Sunday everything is buy one, get one free from 9-11 and the last hour everything is \$1.

All proceeds support the Horticulture/ Gardening & Sustainability programs at CHRHS!!

We hope to see you there!

Travel Update from the Maine CDC

Travel Guidance for Schools

04/08/2021

The current guidance from the Governor is to avoid non-essential travel. However, if families (**adults and children 12 months and older**) do travel during vacation, the following table provides a quick reference. Maine travel questions can be answered on the [Keep ME Healthy FAQs](#) or [MeCDC FAQs](#) pages.

Travel Destination	Testing Requirement	Quarantine Timeline	Release from Quarantine	Special Considerations
International Travel (Canada and Mexico included) US International Travel Guidance				For individuals who arrive in Maine more than 7 days after travel, follow guidelines for domestic travelers arriving in Maine.
Fully Vaccinated travelers arriving in Maine (at least 14 days after Covid-19 vaccine series completed)	3-5 days after arrival in Maine; IF positive, isolate for 10 days	Not required unless experiencing symptoms	Not required	Avoid being around anyone who is at increased risk of severe COVID-19 illness for 14 days following arrival in the US, regardless of COVID-19 test results.
NOT fully vaccinated travelers arriving in Maine within 7 days of arriving in the United States	3-5 days after arriving in Maine; IF positive, isolate for 10 days	7 days with testing 10 days if not tested	Complete 7-day quarantine even if tested negative. If test is positive, isolate for 10 days from test date or symptom onset date whichever is earlier.	Avoid being around anyone who is at increased risk of severe COVID-19 illness for 14 days following arrival in the US, regardless of COVID-19 test results.
Domestic Travel (Within the 50 United States and US Territories: Guam, US Virgin Islands, Puerto Rico)				
Non-Exempt States or territories See list for non-exempt states at: https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-planner/index.html	Test within 72 hours prior to travel into Maine to forgo the 10-day quarantine or immediately upon return to Maine	Without test, 10 days of quarantine and monitor for four more days	Test is negative, forgo the quarantine. No testing or quarantine needed once fully vaccinated (14 days post final dose of vaccine)	Quarantine must be maintained until negative test results are completed. If traveler has tested positive for Covid-19 within 90 days (3 months), no quarantine restriction. Continue to follow state PPE guidelines.
Exempt States or territories	Exempted from testing	No quarantine time	May immediately return to normal activities but must continue to follow PPE guidelines.	Continue to follow state PPE guidelines.



HES MENU

April 12th – 16th

MEALS ARE FREE FOR ALL STUDENTS

Monday (4/12): Smoothies (Breakfast)

- Egg Salad (Lunch)

Tuesday (4/13): Cereal (Breakfast)

- English Muffin Pizza (Lunch)

Wednesday (4/14): Muffins (Breakfast)

- Veggie Burger with Cheese (Lunch)

Thursday (4/15): Smoothies (Breakfast)

- Tuna Noodle Casserole (Lunch)

Friday (4/16): Parfait (Breakfast) - Early Release starting @ 11AM

- Bagel with Fruit (Lunch)

Lunch options include a choice of salad, bagel or sandwich of the day. Milk (regular or chocolate) or orange juice is available with all meals.

The 2021-22 school calendar has been approved by the HES School Committee.

Hope Elementary School 2021-2022 School Calendar

JULY						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SEPTEMBER (18)						
S	M	T	W	T	F	S
			W	W	3	4
5	H	O	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

NOVEMBER (16)						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	H	12	13
14	15	16	17	18	19	20
21	W	W	X	H	X	27
28	29	30				

JANUARY (20)						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	H	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

MARCH (22)						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	W	19
20	21	22	23	24	25	26
27	28	29	30	31		

MAY (20)						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	W	28
29	H	31				

H - School Holidays (10)
O - First/Last days (2)
X - School Vacation Days (15)
E - Early Release Days @ 11:30 (4)
W - Teacher Workshop Days (8)

AUGUST						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

OCTOBER (20)						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	H	12	13	14	15	16
17	18	19	20	E	22	23
24	25	26	27	28	29	30
31						

DECEMBER (16)						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	E	X	H	25
26	X	X	X	X	H	

FEBRUARY (15)						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	E	X	H	25
26	X	X	X	X	H	
27	28					

APRIL (16)						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	E	16
17	H	X	X	X	X	23
24	25	26	27	28	29	30

JUNE (17)						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	O	24	25
26	27	28	29	30		

180 Student Days (5 snow days built in)
175 Actual Student Days

First Trimester (57 days)

September 1-2 Teacher Workshop Days
September 6 Labor Day
September 7 First Day of School 1-8/K Registration
September 8 First Day for K
September 13 First Day for Pre-K
September 16 Open House
October 11 Indigenous Peoples Day
October 21 Early Release (11:30)/PT Conference
November 11 Veterans Day
November 22 & 23 Teacher Workshop Days
November 24-26 No School
November 25 Thanksgiving
December 3 End of First Trimester

Second Trimester (61 days)

December 22 Early Release (11:30)/Staff & Student
December 23-31 Holiday Vacation
December 25 Christmas Day
January 1 New Year's Day
January 1/ Martin Luther King, Jr. Day
February 10 PT Conferences 8th Grade
February 21 Presidents' Day
February 21-25 School Vacation
March 17 End of 2nd Trimester
March 18 Teacher Workshop Day

Third Trimester (62 days)

April 15 Early Release (11:30)/Staff & Student
April 18 Patriot's Day
April 18-22 School Vacation
May 5 Early Release (11:30)/PT Conference
May 27 Teacher Workshop Day
May 30 Memorial Day
June 16 Last Day for Pre-K
June 23 Early Release/Last Day (with 5 snow days used)

*Last day of school is subject to change.
If there is delay, there will be no morning Pre-K.



Outdoor, masked, socially distanced live storytime in the amphitheatre! Wednesdays at 10:00 with Miss Amy.
If there is precipitation, snow, sleet, or rain, it will be canceled.
Bundle up! Bring a blanket or chair and enjoy several stories together.

ZOOM chat with Miss Amy every Tuesday morning from 10-11. Email for info on joining in.
alhand@librarycamden.org

Follow Miss Amy on
miss_amy_h



YA Book Lovers Book Club- meets the 4th Tuesday of every month via ZOOM! email to join in.

Maine Student Book Award Club

4th-8th graders are welcome to join in our weekly ZOOM book group where we chat books on and off the list.

1st Mondays at 5:00. Email alhand@librarycamden.org to join in the chat. <https://msba.umeedu.maine.edu/>

April is Poetry Month, Maritime Month, and Autism Awareness Month
 & National Library Week is April 4th-10th

Join Miss Amy for weekly Creative Art Afternoons on Thursdays at 4:00 via ZOOM.
 Email to be added to the group. We'll use simple supplies you have at home, and I'll lead you step-by-step through a fun project!

April 1st Sock Bunnies
 April 8th Flower Baskets
 April 15th TP roll owls
 April 22nd Fish Mobiles

APRIL 22ND IS EARTH DAY!
 Tune in for special stories, crafts & activity ideas!



www.youtube.com/user/MissAmyHand
 Follow or subscribe to Miss Amy on YouTube or find links to videos on our Facebook page daily.

Storytime every weekday morning

Crafting every weekday afternoon

S.T.E.A.M. programs

Booktime for Babies Wednesday mornings

Booktalks for teens & tweens on Thursday afternoons

Unboxing New Books through-out the month

Department of Health and Human Services Office of Child and Family Services (OCFS) Child Care Subsidy Program

What is the Child Care Subsidy Program?

The Child Care Subsidy Program (CCSP) helps eligible families to pay for child care so they can work, go to school or participate in a job training program.

Who is eligible to receive Child Care Subsidy?

Eligible families must meet the [income guidelines \(Word\)](#)
And

At least one of the following activities:

- ☐ Work
- ☐ School
- ☐ Job Training Program

Who can I choose as my child care provider?

- ☐ Licensed child care centers
- ☐ Licensed family child care homes
- ☐ Adults who provide care in their own homes
- ☐ Adults who come to your home to provide care
- ☐ Relatives over the age of 18

For help with locating child care visit: [Child Care Choices](#)

How do I apply?

- ☐ <https://www.maine.gov/dhhs/ocfs/ec/occhs/step.htm> for printable application. Several languages available.
- ☐ By email CCSP.DHHS@maine.gov
- ☐ Call: 1-877-680-5866 or (207) 624-7999 Monday - Friday 8:00 a.m. to 5:00 p.m.; or
- ☐ Visit your local DHHS Office to receive a printed application. To find your local DHHS Office visit: <https://www.maine.gov/dhhs/dhhs-addresses> or call: 1-877-680-5866 or (207) 624-7900

What are the rules of the Child Care Subsidy Program?

[Child Care Subsidy Program Rules](#)



Maine's Child Care Subsidy Program



Child Care Subsidy Program

2 Anthony Ave.
11 State House Station
Augusta, ME 04333
1-877-680-5866





Five Town CSD

ADULT and COMMUNITY EDUCATION

enriching lives ... strengthening community ... since 1969

Adult Education News for teens and adults!

HEADING OFF TO COLLEGE?

If you are heading to a Maine University or Community College, and you are told you need to take a Developmental Math and/or English class, please call the Adult Education office. We can help you save time and money so that you can begin college in the fall immediately enrolled in classes that will count toward graduation. Don't spend financial aid on Developmental class credits when free services are available to help you right here in Five Town CSD. *See our contact info below to set up a time to meet or reach out to us through your guidance counselor.*

CERTIFICATE CLASSES AVAILABLE

FREE Healthcare certificate training is coming soon. A new grant has become available for adults who wish to pursue one of the following short-term certificate programs. Call us to see if you qualify.

- Medical Assistant
- Certified Nursing Assistant
- Home Health Aide
- Pharmacy Technician

The following certificate programs have start dates in April:

[Data Analysis Certificate](#)
[Social Media for Business Certificate](#)
[Project Management Certificate](#)
[Certificate in Non-Profit Administration](#)
[Certificate in Accounting and Finance](#)

NEED YOUR DRIVER'S LICENSE?

Classes begin every month with Roy's Driver and Rider Education. Instruction is done remotely and at home, CDC guidelines are followed for all driving instruction. Final exams are held at Camden Hills Regional High School.

contact www.roysdriving.com, 784-6245

ENRICHMENT CLASSES STARTING SOON!

[Pickleball Learn to Play](#) - Begins 4/7, in person
[Edible & Medicinal Mushrooms](#) - On 4/7, remote
[Transforming Stress](#) - On 4/7, remote
[I Need Help Organizing my PC](#) - Begins 4/9, remote
[Easy Computer Tune Up](#) - On 4/12, remote
[Making the Most of Your Yard](#) - Begins 4/13, in person
[Weather for Outdoor Enthusiasts](#) - On 4/13, remote
[Chaga Facts](#) - On 4/14, remote
[Farming with Natives](#) - On 4/21, remote
[History of Malaga Island, Maine](#) - On 4/27, remote
[You Want to Open an AirBnB](#) - On 4/27, remote
[Intro to Independent Publishing](#) - On 4/28, remote
[Mindful Yoga](#) - Begins 4/28, remote
[Qigong](#) - Begins 4/28, remote
[Tai Chi for Beginners](#) - Begins 4/28, in person
[Cultivating Healthy Habits](#) - Begins 4/29, in person

[Many more in our full brochure!](#)

OTHER WORKFORCE OPPORTUNITIES

[Excel for Those Who Don't Have a Clue](#) - remote
[Powerpoint for Beginners](#) - remote
[I Need Help with Windows](#) - remote
[Basic Life Support for Healthcare Providers](#)

Sessions start monthly for the following:

[Accounting Fundamentals Series](#)
[Creating WordPress Websites](#)
[Microsoft Excel 2019/Office 365 Series](#)
[Introduction to SQL](#)
 QuickBooks 2019 Series -
[Desktop Version](#) or [Online Version](#)

CONTACT ADULT EDUCATION

236-7800, option 5
adulted@fivetowns.net
www.fivetowns.maineadulted.org

The adult ed office is located in
 Camden Hills Regional High School